



Birth Masterclass
THE ART OF OBSTETRICS



**The Royal Australian
and New Zealand
College of Obstetricians
and Gynaecologists**
Excellence in Women's Health



Birth Masterclass
Friday 17th October 2025
ADELAIDE



**The Royal Australian
and New Zealand
College of Obstetricians
and Gynaecologists**
Excellence in Women's Health

University of Adelaide Medical School Simulation Centre

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FACULTY

Convenors: Dr Anthia Rallis and Dr Andrew Woods

Facilitators:

Dr Anrew Woods – Obstetrician & Gynaecologist, Newcastle, NSW
Dr Anthia Rallis – Obstetrician & Gynaecologist, Adelaide, SA
Prof John Svigos – Obstetrician & Gynaecologist, Adelaide, SA
Dr Basil Antonas (ret.) – Obstetrician & Gynaecologist, Adelaide, SA
Dr Chris Wilkinson – Maternal Fetal Medicine Subspecialist, Adelaide, SA
Dr Brain Peat – Obstetrician, Adelaide, SA
Dr Anupam Parange – Obstetrician & Gynaecologist, Adelaide, SA
Dr Melanie Johnson - Obstetrician & Gynaecologist, Adelaide, SA
Dr Amanda Dennis – Obstetrician & Gynaecologist, Adelaide, SA
Dr Jordana Scharnberg – Obstetrician & Gynaecologist, Adelaide, SA
Dr Beena Gopinathan – Obstetrician & Gynaecologist, Adelaide, SA
Dr Anu Raju, - Obstetric Anaesthetist, Adelaide, SA
Dr Louise du Plessis – Paediatrician, Adelaide, SA
Dr Thu Kent – Paediatrician, Adelaide, SA
Ms Petra Noble – Neonatal Nurse Practitioner, Adelaide, SA

PROGRAM

7.45am – 8.00am	Welcome, Introduction, Housekeeping	<i>Anthia and Andrew</i>
8.00am – 9.30am	Short Presentations (20 mins each)	
	Informed Decision Making in Complex Birth	<i>Andrew Woods</i>
	Vaginal Breech Delivery	<i>Anthia Rallis</i>
	Vaginal Twin Delivery	<i>John Svigos</i>
	OP or not OP? Use of US in Labour Ward	<i>Beena Gopinathan</i>

'HANDS ON' STATIONS IN ROTATION - STATION ACTIVITIES LISTED BELOW– we will break into 6 small groups and rotate through the 6 stations in the following time slots.

9.30am - 10.15am HANDS ON SESSION

10.15 – 10.35 MORNING TEA

10.35am - 11.20am HANDS ON SESSION

11.20am - 12.05pm HANDS ON SESSION

12.05pm - 12.50pm HANDS ON SESSION

12.50 – 13.50 LUNCH

14.00pm - 14.45pm HANDS ON SESSION

14.45pm - 15.30pm HANDS ON SESSION

15.30pm – 15.50 AFTERNOON TEA

15:30pm -16:30pm **Short Presentations and Case Discussions - Interactive Session**

15:30pm – 15:50pm Anaesthesia for Obstetricians *Dr Anu Raju*

15:50pm – 16:30pm Case Discussions – Interactive Session *Anthia and Andrew*

16:30pm Conclusion & Thanks (Feedback) *Anthia and Andrew*

NOMINATED HANDS ON STATIONS AND MASTERS

STATION ONE: Kielland's Forceps/Rotational Ventouse *Amanda Dennis & Brian Peat*

STATION TWO: Vaginal Breech Delivery *Anthia Rallis & Andy Woods*

STATION THREE: Vaginal Twin Delivery *Chris Wilkinson & John Svigos*

STATION FOUR: Pudendal Block and Shoulder Dystocia *Anupam Parange & Jordana Scharnberg*

STATION FIVE: Impacted Head at Cesarean Section *Beena Gopinathan & Mel Johnson*

STATION SIX: Neonatal Resuscitation *Louise du Plessis & Thu Kent & Petra Noble*

Time-Keepers and Coordinators – Adelaide University Medical Students

Supernumerary Facilitator + Substitute – Dr Basil Antonas