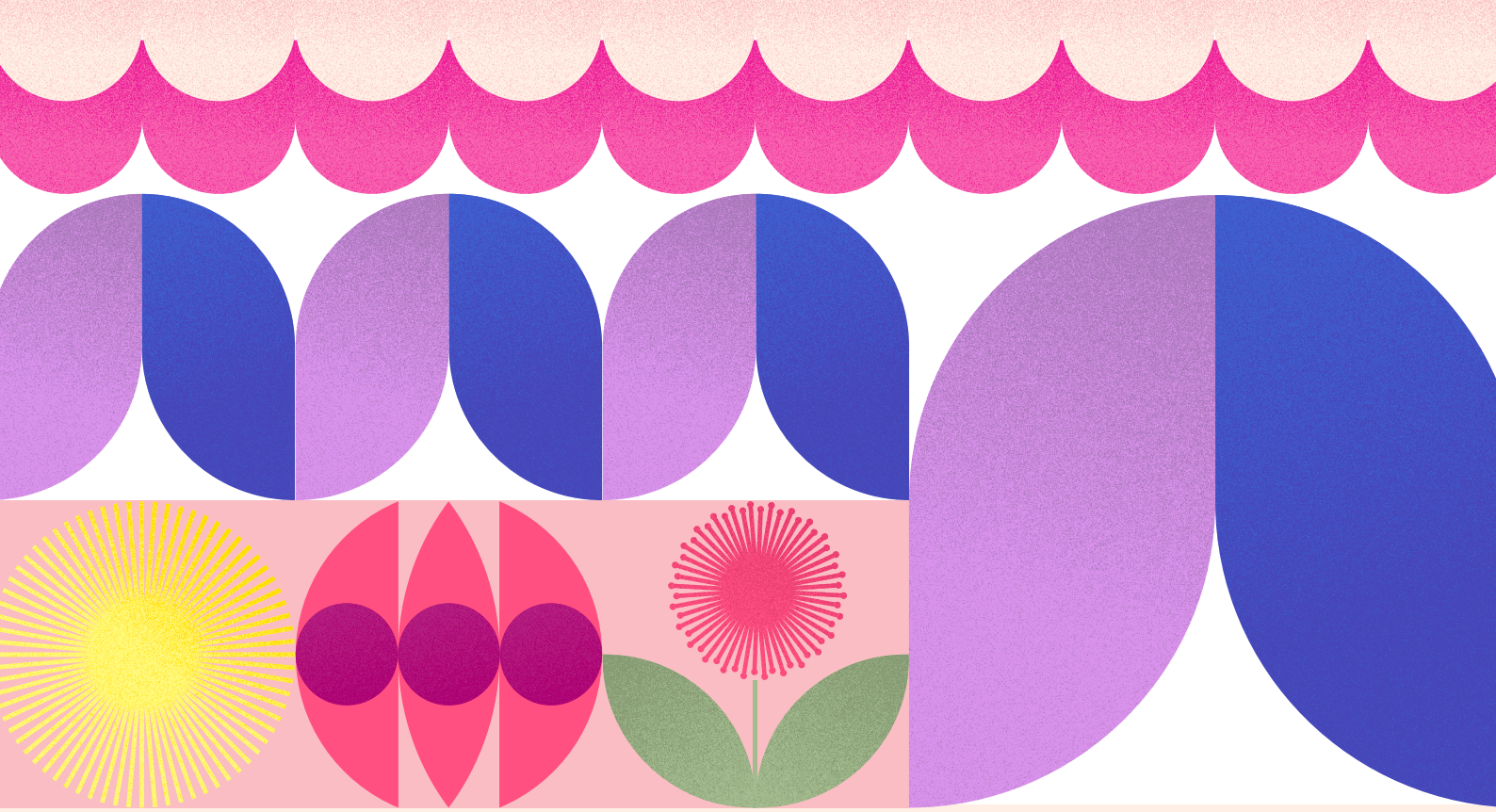

RANZCOG

Annual Scientific Meeting 2025

From Conception to Curtain Call

Adelaide, South Australia
18–22 October

Scientific Program

RANZCOG™
Excellence in Women's Health

#RANZCOG25

Program Overview

Monday 20th October

08.00-08.20	**Opening of the ASM**		
08.00-08.05	Welcome to Country Jack Buckskin		
08.05-08.10	Mihi Whakatau Philip Suisted		
08.10-08.15	Welcome from Chairs Louise Hull and Anthea Lindquist		
08.15-08.20	RANZCOG President's Address Gillian Gibson		
08.20-10.10	**Plenary One: Setting the Scene: Reproductive Rights and Equitable Healthcare** **Chairs: Martina Mende and Gillian Gibson**		
08.20-08.30	Session Welcome and Introductions		
08.30-08.50	Ian McDonald Memorial Oration: How Can We Achieve Equitable Care for Women and Girls? Nisha Khot		
08.50-09.10	Alison Bush Memorial Oration: How to Promote Community Focused Sexual Reproductive Health for First Nations Women and Girls Stephanie Trust		
09.10-09.30	Working Towards Equity in Sexual and Reproductive Health for Women and Girls in Aotearoa New Zealand Anna Hudspith		
09.30-09.50	Advancing Reproductive Rights: Addressing Disparities in Pelvic Floor Health and Access to Care Ranee Thakar		
09.50-10.10	Panel Discussion Nisha Khot, Stephanie Trust, Anna Hudspith and Ranee Thakar		
10.10-10.40	**Morning Tea, Exhibition and Posters and Interactive Zone**		
10.40-12.30	**First Nations Health** **Chairs: Rebecca Mitchell and Philip Suisted**	**General Gynaecology** **Chairs: Tanaka Dune and David Munday**	**Reproductive Endocrinology and Infertility** **Chairs: Louise Hull and Juliette Koch**
10.40-10.50	Session Welcome and Introductions	Session Welcome and Introductions	Session Welcome and Introductions
10.50-11.10	Aboriginal Birthing Programs: Success Stories Melanie Briggs	**Virtual Presentation** Microbiome and Bladder Health Linda Brubaker	Conceiving Conversations: Supporting Patients Through Donor Pathways Rebecca Kerner
11.10-11.30	The Role of the Aboriginal Maternal and Infant Care Worker Lisa Catt and Sharon Waye-Hill	Urinary Incontinence Updates Jenny King	Protecting Long Term Health Outcomes in Men Undergoing Fertility Treatment Gary Wittert

Program Overview

Monday 20th October

11.30-11.50	Culturally Safe Maternity Care in Aotearoa New Zealand: What Can We Learn? Tawera Trinder and Moerangi Tamati	The Pelvic Floor and Myofascial Pain: Assessment, Treatment, Implications Thierry Vancaillie	Microbiome-Host Interactions in Reproductive Health and Disease David MacIntyre
11.50-12.10	Consumer Experiences in First Nations Health Care Briarne Boyd and Cheyenne Lovegrove-Buckskin	The Case for Uterine Preservation in Surgery Salwan Al-Salihi	Immune Factors in the Immune System and Implantation Therapy Lachlan Moldenhauer
12.10-12.30	Panel Discussion: What does Culturally Safe Care Look Like? Melanie Briggs, Lisa Catt, Sharon Waye-Hill, Tawera Trinder, Moerangi Tamati, Briarne Boyd and Cheyenne Lovegrove-Buckskin Facilitated by Stephanie Trust and Philip Suisted	Introducing a Robotic Curriculum in Gynaecology Magdalena Halt	Speaker Q&A Rebecca Kerner, Gary Wittert, David MacIntyre and Lachlan Moldenhauer
12.30-13.30	Lunch, Exhibition, Posters and Interactive Zone Lunch and Learn supported by Novartis: Spinal Muscular Atrophy		
13.30-15.20	**Preconception and Genetic Counselling** **Chairs: Amanda Henry and Aimee Woods**	**Paediatric and Adolescent Gynaecology** **Chairs: Eleanor Knights and Louise Hull**	**Free Communications (Gynaecology)** **Chairs: Heather Waterfall and Budi Wiweko**
13.30-13.40	Session Welcome and Introductions	Session Welcome and Introductions	Session Welcome and Introductions
13.40-14.00	Carrier Screening After Mackenzies Mission: Where Are We Now? Martin Delatycki	Polycystic Ovary Syndrome in Adolescence Alexia Peña Vargas	Does Assisted Hatching Improve the Success Rate of Assisted Conception When Only Randomised Controlled Trials Meeting the Trustworthiness Criteria Are Considered? Leying Hou Improving Staff Wellness in a Sri Lankan Obstetrics and Gynaecology Unit: A Low-Cost, Practical Intervention to Enhance Morale, Teamwork, and Performance Hasitha Gunasingha
14.00-14.20	Everything You Need to Know About Pre-Implantation Genetic Testing (PGT) Tristan Hardy	Emergency Presentations in Children and Teens Asha Short	A Retrospective Review of Intrauterine Device Placement at Time of Hysteroscopy, Dilatation and Curettage Deirdre Nyariri Co-developing a Culturally Responsive Interconception Health Infographic for Mothers Attending Box Hill Hospital in Victoria, Australia Asvini Subasinghe

Program Overview

Monday 20th October

14.20-14.40	Preconception Counselling for Non-Genetic Complicated Pregnancy Amanda Poprzeczny	Menstrual Management and Suppression in Teens Charlotte Elder	Does Colposcopy Identify High-Grade Disease in Symptomatic Patients with Negative Liquid-Based Cytology? Binuri Attanayake Early Pregnancy Unit Outcomes from the First Early Pregnancy Unit in Regional South Australia From 2023 To 2025 Caitlin Ludlow
14.40-15.00	Postnatal Counselling Following an Adverse Obstetric Outcome to Reduce Recurrence Rachel Earl	Mayer-Rokitansky-Küster-Hauser Syndrome Rebecca Deans	Review Of Current Misoprostol Use and Hysteroscopic Procedural Success in a Melbourne Tertiary Hospital Harrison Hughes
15.00-15.20	Universal Screening for CMV in Pregnancy – Should Australia Follow Europe's Example? Lisa Hui (Supported by Norman Beischer Medical Research Foundation)	Speaker Q&A Alexia Peña Vargas, Asha Short, Charlotte Elder and Rebecca Deans.	Ovarian Rejuvenation with Autologous PRP: A Single-Centre Review of Clinical Outcomes Across Menopausal, POI, and Fertility Cohorts Alexandra Carey Incidence of GLP-1 Receptor Agonist Use Among Women of Reproductive Age Attending Australian General Practice, 2011-2022 Luke Grzeskowiak
15.20-15.40	Afternoon Tea, Exhibition, Posters and Interactive Zone		
15.40-17.30	**Obesity** **Chairs: Martin Oehler and Amanda Poprzeczny**	**Trainee Session** **Chairs: Eleanor Knights and Sarah Linthwaite**	**Obstetric and Gynaecological Ultrasound** **Chairs: Jane Woolcock and Sarika Gupta**
15.40-15.50	Session Welcome and Introductions	Session Welcome and Introductions	Session Welcome and Introductions
15.50-16.10	Medical Management of Obesity Gary Wittert	How to Equip Yourself with the Skills to Maintain Work/Life Balance Melanie Johnson	When Do I Ask for a 3D Ultrasound or a Saline Sonogram Jane Woolcock
16.10-16.30	Bariatric Surgery (Including Pre-Operative Management) Jacob Chisholm	Navigating Adverse Outcomes in O&G Anthia Rallis, Martin Ritossa and Madeleine Honner	Pearls from the Probe: Ultrasound Insights for the General Obstetrician Alice Robinson
16.30-16.50	Obesity and Pregnancy Jodie Dodd		Ultrasound Tips for Every Gynaecologist to Test for a Fixed Pelvis or Obliterated Pouch of Douglas Before a Laparoscopy? Priya Umapathysivam

16.50-17.10	Coping with Obesity in Gynaecological Surgery Martin Oehler	Being a Resilient Leader Olivia Ong	Growing Concerns: Dopplers in Fetal Growth Restriction Carrmen Chung
17.10-17.30	Speaker Q&A Gary Wittert, Jacob Chisholm, Jodie Dodd and Martin Oehler	Panel: From Registrar to Leadership: How to Forge Your Path in Modern O&G Aimee Wiltshire, Kasia Siwicki, Louise Hull and Laura Magee	Speaker Q&A Jane Woolcock, Alice Robinson, Priya Unpathsivam and Carrmen Chung

17.30–18.30 Welcome Reception

Program Overview

Tuesday 21st October

07.30-08.15	Breakfast Masterclass sponsored by Avant: AI in healthcare - 12-month review	Breakfast Masterclass sponsored by Bayer: Case-Based Insights: Addressing Complexity in HMB and Pelvic Pain	Breakfast Masterclass hosted by RANZCOG: Endometriosis Masterclass: Turning Evidence into Action
08.20-10.15	Plenary Two: The Changing Face of Obstetrics Chairs: Jared Watts and Heather Waterfall		
0820-08.30	Session Welcome and Introductions		
08.30-08.50	Long-Term Maternal Health After Hypertension in Pregnancy Laura Magee (Supported by the Norman Beischer Medical Research Foundation)		
08.50-09.10	Once a C-section, Always a C-section? Insights from VBAC Research Anthea Lindquist		
09.10-09.30	Ella Macknight Memorial Lecture: Adaptive Platform Trials: Changing the Way We Build Evidence in Perinatal Care Clare Whitehead		
09.30-09.50	Driving Clinical Excellence and Sustainability: The Journey of Evidence-Based Guidelines - Achievements, Future Directions and the Road Ahead Cynthia Farquhar		
09.50-10.15	Morning Tea, Exhibition, Posters and Interactive Zone		
10.15-12.05	General Obstetrics Chairs: Peter Muller and Boon Lim	International Session: How to Upskill to Improve Birth Outcomes - A Global Perspective Chairs: Gillian Gibson and Rangi DeSilva	Urogynaecology Chairs: Tanaka Dune and Martin Ritossa
10.15-10.25	Session Welcome and Introductions	Session Welcome and Introductions	Session Welcome and Introductions
10.25-10.45	What are the Risks of Insulin Resistance in Early Pregnancy Dee McCormack	Panel Discussion Stella Dantas Muniswaran Ganeshan Indu Asanka Jayawardene John Tait Ranee Thakar Budi Wiweko	Alternatives to Mesh for Pelvic Organ Prolapse Chin Yong
10.45-11.05	Update on Gestational Diabetes Guidelines Alexis Shub		Partial and Total Mesh Excision Tanaka Dune
11.05-11.25	Development of State Based Placental Accreta Spectrum MDT Amy Hercus		The Role of the Gynaecology/ Urogynaecologic Nurse Practitioner Alex Emerson
11.25-11.45	Caesarean Section Scar Pregnancy: Diagnosis and What is New in Treatment Aimee Wiltshire		Setting up a Service for Obstetric Anal Sphincter Injuries Ruth Cameron-Jeffs
11.45-12.05	Twins and Preterm Birth Prevention Aimee Woods		Speaker Q&A Chin Yong, Tanaka Dune, Alex Emerson and Ruth Cameron-Jeffs.
12.05-12.55	Lunch, Exhibition, Posters and Interactive Zone		

Program Overview

Tuesday 21st October

12.55-14.45	Perinatal Mental Health and Birth Trauma Chairs: Anthea Lindquist and Nisha Khot	Endometriosis and Pelvic Pain Louise Hull and Talat Uppal	Free Communications (Obstetrics) Chairs: Stephen Tong and Sue Walker
12.55-13.05	Session Welcome and Introductions	Session Welcome and Introductions	Session Welcome and Introductions
13.05-13.25	Motherhood and Perinatal Mental Health: Wisdom From Lived Experience Renee Knight	Digital Health for Endometriosis Anna Fragkoudi	Subchorionic Haematomas Are Associated with an Increased Risk of Antepartum Haemorrhage and Adverse Pregnancy Outcomes: A Systematic Review and Meta-Analysis Kar Mun Wong Where Do the Obstetric Trials Come From? Geographic Distribution and Characteristics of Obstetric Randomised Controlled Trials in the Last Decade Wanlin Li
13.25-13.45	Identifying Women at Risk Nicole Williams	Non-Invasive Endometriosis Diagnostics: Now and in the Future Jodie Avery	Weighing Up the Risk of Caesarean Section in Maternal Super Obesity (BMI>50): A Retrospective Cohort Study Cristina Murphy Counselling and Decision Making in the Zone of Parental Discretion Liz May
13.45-14.05	Birth Trauma: What Has Psychiatry to Offer? Anne Sved-Williams	How Surgeons Benefit from Imaging Assessments Mathew Leonardi	Balloon Catheters Versus Vaginal Prostaglandins for Cervical Ripening Before Induction of Labour: A Systematic Review and an Update of an Individual Participant Data Meta-Analysis Nicole Au Diagnostic Utility of Fetal Ponderal Index in Identifying Fetal Growth Restriction From a Single Third Trimester Scan Rasika De Silva
14.05-14.25	The Tsunami of Birth Trauma: How Can We Halt the Wave? Amy Dawes, Pelle Kempe, Deb Pidd and Vijay Roach.	Pelvic Pain Management With or Without Lesions Susan Evans	Evaluating Placental Perfusion in the Third Trimester Growth-Restricted Fetus Zoe Warland
14.25-14.45		Panel Discussion Anna Fragkoudi, Jodie Avery, Mathew Leonardi, Susan Evans and Cynthia Farquhar	
14.45-15.05	Afternoon Tea, Exhibition, Posters and Interactive Zone		

Program Overview

Tuesday 21st October

15.05-16.55	Sexual and Reproductive Health Chairs: Rebecca Mitchell and Sam Scherman	Regional and Rural Health Chairs: Melanie Johnson and Michael McEvoy	Maternal and Fetal Medicine Chairs: Peter Muller and Anthea Lindquist
15.05-15.15	Session Welcome and Introductions	Session Welcome and Introductions	Session Welcome and Introductions
15.15-15.35	Combined Oral Contraceptive Pill: Troubleshooting Side Effects and Managing Supply Issues Jess Floreani	Rural Obstetrics, the Truest Continuity of Care: A Summary of Evidence Kris Bascomb	New Therapeutics in Preeclampsia: Are We Any Closer to Treatment? Stephen Tong
15.35-15.55	Female Sterilisation: What Should We Be Offering and to Whom? Charlotte Paull	Obstetric Leadership in Regional Australia Jared Watts	First Trimester Screening Daniel Rolnick
15.55-16.15	Malpositioned IUDs: When to Retrieve and When to Leave Jeff Hillen	The First Year of FROGs: What to Expect Samuel Newbury	Timing of Birth in Hypertensive Pregnancies Laura Magee
16.15-16.35	Pelvic Inflammatory Disease: An Update on Management Tonia Mezzini	Trying to Keep Care Close to Home Kasia Siwicki	The Challenges of Early Onset Preeclampsia with Fetal Growth Restriction Sue Walker
16.35-16.55	Speaker Q&A Jess Floreani, Charlotte Paull, Jeff Hillen and Tonia Mezzini.	Speaker Q&A Kris Bascomb, Jared Watts, Samuel Newbury and Kasia Siwicki	Speaker Q&A Stephen Tong, Daniel Rolnick, Laura Magee and Sue Walker
17.10-18.30	AGM		
19.30–23.30	Gala Dinner (ticketed event)		

Program Overview

Wednesday 22nd October

08.15-08.30	Inauguration of the RANZCOG President and Presentation of the 14th RANZCOG Board Gillian Gibson and Nisha Khot		
08.30-10.00	**Plenary Three: Narrating the Future of Women's Health** **Chairs: Nisha Khot and Anusch Yazdani**		
08.30-08.40	Session Welcome and Introductions		
08.40-09.00	The Future of Social Media: Turning the Tide on Medical Misinformation Mathew Leonardi		
09.00-09.20	Not Always the Bad Guy: Hearing Women's Healthcare Voices in the Media Mariam Tokhi		
09.20-09.40	The Power of the Podcast Kara Thompson		
09.40-10.00	Panel Discussion Mathew Leonardi, Mariam Tokhi and Kara Thompson		
10.00-10.30	**Morning Tea, Exhibition, Posters and Prize Winners Announcement in Interactive Zone**		
10.30-12.20	**Academy of Clinician Educators** **Chairs: Katrina Calvert and Ian Symonds**	**AI and O&G** **Chairs: Melanie Johnson and Vijay Roach**	**Endometrial Cancer** **Chairs: Martin Oehler and Aishah Yasin**
10.30-10.40	Session Welcome and Introductions:	Session Welcome and Introductions	Session Welcome and Introductions
10.40-11.00	Walking Together: A Conversation Between First Nations and Māori Fellows Leila Usher and Philip Suisted Facilitated by Jared Watts	AI Analysis of CTG Pinpoint Data Deb Karmakar	Pathology and Classification Rebecca Morrow
11.00-11.20	The Education ATM: Reflections from a Learner Claire Whitelaw	AI in Private Practice Talat Uppal	**Pre-Recorded Presentation:** Molecular Stratifying of Treatment Cheryl Yim
11.20-11.40	"I'm the Boss Now": Early Career Transitions from Learning to Teaching in Surgery Archana Rao	AI in Imaging Alison Deslandes	Conservative Management Aishah Yasin
11.40-12.00	Building Up Steam: How to Teach Teamwork Skills Sarah Janssens	AI: Friend or Foe Anusch Yazdani	Robotics Surgery Martin Oehler
12.00-12.20	Keeping It Fresh When It's Your 500th Shoulder Dystocia Workshop: Reflections of an Experienced Educator Mat Epee-Bekima	Panel Discussion Deb Karmakar, Talat Uppal, Ali Deslandes and Anusch Yazdani	Speaker Q&A Rebecca Morrow, Aishah Yasin and Martin Oehler
12.20-13.20	**Lunch, Exhibition and Posters**		

Program Overview

Wednesday 22nd October

13.20–15.10	LGBTQIA+ Health Chairs: Anthea Lindquist and Kate Martin	New Technology and Pharmacological Tools of the Future Chairs: Louise Hull and Susan Evans	Perimenopause and Menopause Chairs: Vijay Roach and Pelle Kempe
13.20-13.30	Session Welcome and Introductions	Session Welcome and Introductions	Session Welcome and Introductions
13.30-13.50	Gender Diversity Team at the Womens in Adelaide Georgie Swift	The Commercialisation of FemTech Michelle Perugini	Menopausal Hormone Therapy and Breast Cancer: Navigating the Risks, Realities, and Research Rod Baber
13.50-14.10	Transgender Pregnancy Kelly O'Donovan	Responsible Surgical Innovation Naomi Holbeach	Testosterone and Women: Myths, Benefits, and the Science Behind It Sonia Davison
14.10-14.30	Menstrual Suppression and Other Hormone Considerations for Young Trans Men Charlotte Elder	Continuous Fetal Lactate Monitoring: The Vital Trace Arjun Kaushik and Scott White	Premature Ovarian Insufficiency: Understanding the Causes, Impacts and Management Amanda Vincent
14.30-14.50	Collaborative Care in Gender Affirming Surgery: Patient-Centred Considerations and Decision Making Ana McCarthy and Madeline Rowell	Wearable Cardiotocography: Implications and Introductions to Practice Fiona Brownfoot	Evidence-Based Care for Managing Menopause: A 2024 NICE Guidelines Update Martha Hickey
14.50-15.10	The Patient Perspective Jess Permezel	Speaker Q&A Naomi Holbeach, Arjun Kaushik, Scott White, Fiona Brownfoot and Michelle Perugini	Speaker Q&A Rod Baber, Sonia Davison, Amanda Vincent and Martha Hickey
15.10-15.40	**Close of the ASM**		
15.10-15.20	Presentation of Awards Nisha Khot		
15.20-15.30	Launch of AOFOG 2026 Jared Watts		
15.30-15.40	Final Remarks Louise Hull and Anthea Lindquist		

Business Events Adelaide

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