



RANZCOG

Annual Scientific Meeting 2024

Te Whanganui-a-Tara, Aotearoa | October 12th-16th

RANZCOG ASM 2024 Workshop Hot and Cold Debrief Sunday, 13 October 2024 09:00 - 12:30

Facilitators: Dr Katy Culliney and Dr Doug Barclay

Overview

A “hot debrief” is an interactive structured team conversation that takes place either immediately or very shortly after a critical event, with a focus on psychological support. A hot debrief provides an opportunity for staff to express their emotions, have them validated, and support each-other. Critical events may include major maternal or neonatal resuscitation, neonatal or maternal death, peripartum hysterectomy or traumatic birth. In this workshop, we will explain the details of a hot debrief, give you some structure for implementing hot debriefs in your workplace and allow time for practicing the structure in a safe and supportive environment.

A “cold debrief” is a more formal structured clinical narrative of a critical event, with a focus on clarifying events, education, and quality improvement. We will more briefly touch on cold debrief and compare and contrast with a hot debrief to provide clarity on how and when to perform these different types of debriefs with your staff and colleagues.

The workshop is limited to 20 participants to allow for psychological safety for participants and staff, and to provide a quality learning experience.

Preliminary program

Time	Topic
09:00 - 09:30	Introductions of presenters and participants and explaining the objectives.
09:30 - 09:35	Break
09:35 - 10:35	Structured session including breakout groups to practice individualised introductions.
10:35 - 11:05	Morning tea
11:05 - 12:05	Breakout group discussion on managing challenging situations and emotions.
12:-05 - 12:10	Break
12:10 – 12:30	Workshop wrap up.