



Time	Activity	Description	Presenter / Resources
0900-0915	Meet and greet	At Te Papa bus bay opposite Takina (cover available if it is raining).	Luke Crawford
0915-0930	Whakawhanaungatanga	Connections and introductions made by all in attendance. Luke to explain the importance of whanaungatanga in te ao Māori, and how this can be translated into the patient and practitioner setting.	All attending
0930-0945	Travel to Mt Victoria Lookout		
0945-1110	Migration and purākau of Pōneke	Luke to take a deep dive into the story of Kupe and the history of migration into the Wellington Harbour. Luke will all tell the purākau of Whataitai and explain the history of this area and the iwi that protect this land. Attendees will be introduced to the Migration hau (wind) of the Meihana Model and the connection to hauora Māori.	Luke Crawford
1110-1130	Wrap up/ Q&A/ time to walk around the lookout		
1130-1215	LUNCH	Short introduction to some of the kai on offer for lunch, then break time	Luke Crawford
1215-1330	Q+A	Facilitated Q+A for participants to Luke and other He Hono Wāhine members in attendance. Guests will have the opportunity ask pātai, and answer questions from facilitators, to help extend learning and application of knowledge from the morning's session.	Luke Crawford, and attending He Hono Wāhine members
1330-1345	Back to bus		
1345-1415	Stop one: Kura/Kohanga reo	Bus will make way to Te Kura Kaupapa Māori o Ngā Mokopuna to show attendees current mahi in the kohanga reo and kura kaupapa space, as well as hear the history of the kohanga reo movement. Attendees will learn the history and importance of te reo Māori in Aotearoa, it's place in health, and will receive resources to take home to bring te reo into their practice.	Luke Crawford
1415-1445	Stop two: Conservation and connection to whenua (land)	Bus will move to Shelly Bay reserve to discuss the importance of whenua and learn about the history of this particular whenua.	Luke Crawford (may be joined by Luke's friend who is form this land to tell history more extensively, TBC but will koha based (not a cost)
1445-1515	Final Q+A	Attendees come together to ask final questions. Group will go around to speak briefly to final reflections, what have they learnt and how can this influence practice with indigenous patients and communities	Luke Crawford
1515-1530	Poroporoake	Travel back to Tākina, Luke to close the day.	Luke Crawford