



Laparoscopic Workshop

- Date:** Sunday 9 October
Time: 08:15 – 17:00 (registration from 07:45am)
- Facilitators:** Margaret Land, Russell Land, Naven Chetty, Andrea Garrett, Nimithri Cabraal, Archana Rao, Marcelo Nascimento
- Venue:** Gold Coast Convention and Exhibition Centre
- Cost:** \$660
- Includes:** Morning tea, lunch, and afternoon tea
- Participants:** Limited to 18 participants

This Laparoscopic Workshop is designed to make you feel confident with minimally invasive surgery. This workshop covers the ergonomics of laparoscopic surgery, best posture for a long operating career, principles of electrosurgery detailing which instrument to choose, anatomy and the basic principles of laparoscopic hysterectomy. The second part of the workshop provides hands on experience with laparoscopic suturing techniques.

Timings	Topic
07:45 – 08:15	<i>Arrival and registration</i>
08:15 – 08:30	Welcome, Outline of the Day, Housekeeping
08:30 – 09:00	Arranging a laparoscopic operating theatre and ergonomics of laparoscopic surgery
09:00 – 09:30	Laparoscopic surgical posture and exercises for a long operating career
09:30 – 10:00	Electrosurgery – which instrument to choose
10:00 – 10:30	<i>Morning Tea Break</i>
10:30 – 11:00	Pelvic Anatomy – as viewed through a laparoscope
11:00 – 11:30	Entry Techniques
11:30 – 12:00	Principles of Hysterectomy and BSO
12:00 – 13:00	<i>Lunch Break</i>



13:00 – 15:00	Laparoscopic Suturing using pelvic trainers
15:00 – 15:30	<i>Afternoon Tea Break</i>
15:30 – 16:00	Tips and Tricks for complicated cases
16:00 – 16:30	Managing laparoscopic complications
16:30 – 17:00	Learning Points
17:00	<i>Close</i>