

Background

- Out patient hysteroscopy has been proposed as new “gold standard”¹
- Estimated to save \$1000 AUD per case¹
- Well tolerated and acceptable for patients with reduced waiting time
- One stop Outpatient Postmenopausal Bleeding (PMB) clinic has many unique advantages

Aim

- Process audit after implementation of outpatient hysteroscopy clinic as well as Postmenopausal Bleeding (PMB) clinic
- Patients triaged to PMB clinic if ultrasound and hysteroscopy indicated, or outpatient hysteroscopy only where recent scan already available
- Auditable outcomes: Wait time from GP referral, procedures performed, results, outcomes
- Results from Jan to Aug 2020

The One Stop Shop

Who

- SMO, Registrar and Clinic Nurse

What

- History and examination
- + Transvaginal Ultrasound (at PMB clinic)
- +/- Pipelle endometrial biopsy
- +/- Hysteroscopy
 - Diagnostic 4mm scope
 - Hysteroscopic biopsy forceps in 6mm scope
 - Myosure for polyp or fibroid resection and/or guided biopsy at the same clinic visit

Post Menopausal Bleeding Clinic: The One Stop Shop

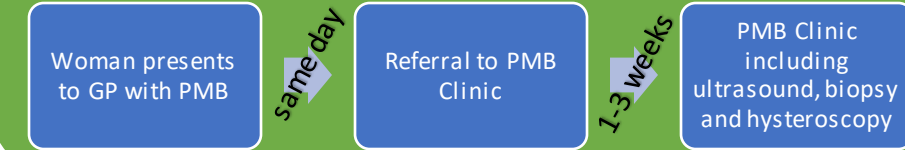
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Old Pathway



New Pathway



What Was Done

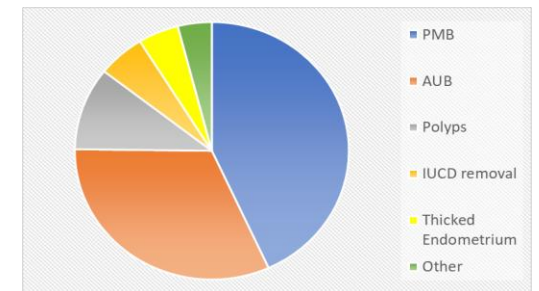
	Outpatient Hysteroscopy Clinic	PMB Clinic	Total
Transvaginal Ultrasound	-	58/73 (79%)	58/125 (46%)
Biopsy taken	46/52 (88%)	62/73 (85%)	108/125 (86%)
Hysteroscopy Attempted	51/52 (98%)	57/73 (78%)	108/125 (86%)



Wait Times

- 125 patients seen (Jan-Aug 2020)
 - 73 in PMB clinic (with scanning)
 - 42 in OPH clinic (without scanning)
- Mean age 55.7
- Average wait time from GP referral
 - **12 days for women with PMB**
 - 18 days for PMB clinic
 - 31 days for OPH clinic

Indication for Referral



Results and Outcomes

- 99/108 (92%) of hysteroscopy successful
- 36/108 (33%) underwent outpatient MyoSure resection
- **6/108 (5.5%) diagnosed with malignancy**
- 4/108 (3.7%) diagnosed with hyperplasia
- **83/125 (66%) discharged after one visit**
- 19/125 (15%) booked for procedure in theatre (including both repeat hysteroscopy and treatment procedures)